



## ADVAGYM, THE PERSONAL TRAINERS' BEST FRIEND

Take your PT service to a new level with live chat and group messaging. Stay on top of the attendance at the gym with statistics showing peak hours and days.

### LIVE CHAT, PT AND CLIENT

Staying in touch is important to engage with the clients. With the latest addition in messaging, a client can have a live chat with the PT. Messaging is a powerful way to share information, assign new programs or simply check in on the clients. As an option, two-way messaging can be configured on/off for each client.

### GROUP MESSAGING, PT AND GROUP

A PT can now stay in touch with the group using group messaging. Start a bootcamp by sharing a program, coach the group remotely and remind them to stay focused on their workout. Group messaging is one direction, from PT to a group of clients. In addition to communicating with each group, a PT can also setup a group with all clients to reach them all when needed.

### NOTIFICATIONS FOR PT

A personal trainer will now get notifications in the webtool if there are any new messages from clients. Notifications can be found on the client button showing number of unread messages for all clients. Notifications is also available in the client list and the messages tab showing number of unread messages for that client.

### HOURS OF THE DAY

With the hours of the day, you can keep track of the peak hours at the gym. Hours of the day is based on machine sensor data. Every exerciser is counted 24/7 and will show the usage on an hourly basis throughout each day. Use the data to adjust your staffing or tell the members to schedule their training to avoid any waiting time.

Take a tour in the web tool <https://tool.advagymsolutions.com/>

To stay in touch with updates in Advagym visit [www.advagymsolutions.com](http://www.advagymsolutions.com)

Enjoy the workout!